

# KEEPING THE SABBATH

## A

Remember the Sabbath day, and keep it holy.

Six days you shall labor and do all your work.  
But the seventh day is a Sabbath to the LORD  
your God; you shall not do any work—you,  
your son or your daughter,  
your male or female slave,

your livestock,  
or the alien resident in your towns.

For in six days the LORD made  
heaven and earth, the sea, and all that is in them,  
but rested the seventh day;

therefore the LORD  
blessed the Sabbath day and consecrated it.

## B

Observe the Sabbath day and keep it holy,  
as the LORD your God commanded you.  
Six days you shall labor and do all your work.  
But the seventh day is a Sabbath to the LORD  
your God; you shall not do any work—you,  
or your son or your daughter,  
or your male or female slave,  
or your ox or your donkey,  
or any of your livestock,  
or the resident alien in your towns,  
so that your male and female slave  
may rest as well as you.

Remember that you were a slave  
in the land of Egypt, and the LORD your God  
brought you out from there with a mighty  
hand and an outstretched arm;

therefore the LORD your God  
commanded you to keep the Sabbath day.